



Anthem information at a glance

Anthem Health Advocate team: 800-424-8950

- Get assistance with coverage, benefits and claims questions
- Learn about program offerings and how to engage
- Connect with a Health Advocate to find providers and compare costs

24/7 NurseLine: 800-700-9184

- Talk to a registered nurse about any health concerns
- Get advice on the best place to get care, if you are not sure

BlueCard for coverage while traveling: 800-810-2583

- Get assistance with your coverage needs when traveling outside of the U.S.

Behavioral health resources: 844-792-5141

- Access a wide range of resources to assist you in your behavioral health journey

Anthem

 University System
of Georgia **Benefits**

Download Sydney Health today!

Scan the QR code with your smartphone camera to get started.

- 1 After you download the app, select **Register New Account**, or go to **anthem.com/register**.
- 2 Choose your identification type (member ID or SSN).
- 3 Enter your identification type, full name and date of birth.
- 4 Follow the one-time security prompt and create a username and password. You will use the same login for Sydney Health and **anthem.com**.
- 5 Explore Sydney Health or **anthem.com**!



Sydney Health can help you stay healthy

Use our app to:

- Get personalized reminders and insights based on your health profile
- Look up claims and coverage
- Access your digital ID card
- Find care and compare costs
- View rewards earned for completing healthy actions
- Find support for your health journey
- Plan and track nutrition and fitness goals
- Connect to your other USG benefits
- Chat in real time with an Anthem Health Advocate

Look up your health rewards: Select Menu, then Access Care, and **My Health Dashboard**. To earn rewards, scroll down and select **My Rewards** to find activities to complete and track earned rewards.



Scan this QR code for additional information about USG benefits and to view an electronic copy of the Comparison Guide.



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