

Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services

Coverage Period: 01/01/2024-12/31/2024

KAISER PERMANENTE® : The Board Of Regents of The USG

Coverage for: Individual / Family | Plan Type: HMO

<p> The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage see https://kp.org/plandocuments or call 1-888-865-5813 (TTY: 711). For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary at www.healthcare.gov/sbc-glossary/ or call 1-888-865-5813 (TTY: 711) to request a copy.</p>

Important Questions	Answers	Why this Matters:
What is the overall deductible?	\$0	See the Common Medical Events chart below for your costs for services this <u>plan</u> covers.
Are there services covered before you meet your deductible?	Not Applicable.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the out-of-pocket limit for this plan?	\$6,350 Individual / \$12,700 Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, health care this <u>plan</u> doesn't cover, and services indicated in chart starting on page 2.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a network provider?	Yes. See www.kp.org or call 1-888-865-5813 (TTY: 711) for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a referral to see a specialist?	Yes, but you may self-refer to certain <u>specialists</u> .	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .



All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

Common Medical Event	Services You May Need	What You Will Pay Plan Provider (You will pay the least)	What You Will Pay Non-Plan Provider (You will pay the most)	Limitations, Exceptions & Other Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness <u>Specialist</u> visit	\$40 / visit \$75 / visit	Not covered Not covered	None None
	<u>Preventive care/ screening/ immunization</u>	No charge	Not covered	You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed are <u>preventive</u> . Then check what your <u>plan</u> will pay for.
	<u>Diagnostic test</u> (x-ray, blood work)	No charge	Not covered	\$100 in an outpatient settings.
If you have a test	Imaging (CT/PET scans, MRI's)	\$75 / scan	Not covered	\$400 in an outpatient settings
	Generic drugs	\$15 / <u>prescription</u> (retail). \$45 / <u>prescription</u> (mail order). \$25 / <u>prescription</u> (<u>network</u> pharmacies).	Not covered	Covers up to a 30 day supply (retail); 31-90 day supply (mail order). <u>Network</u> Pharmacies limited to one time fill \$1,500 Rx OOP Max for drugs. No charge for contraceptives (subject to <u>formulary</u> guidelines).
	Preferred brand drugs	\$45 / <u>prescription</u> (retail). \$135 / <u>prescription</u> (mail order). \$55 / <u>prescription</u> (<u>network</u> pharmacies).	Not covered	Covers up to a 30 day supply (retail); 31-90 day supply (mail order). <u>Network</u> Pharmacies limited to one time fill \$1,500 Rx OOP Max for drugs. No charge for contraceptives (subject to <u>formulary</u> guidelines).
If you need drugs to treat your illness or condition More information about <u>prescription drug coverage</u> is available at www.kp.org/formulary	Non-preferred brand drugs	\$75 / <u>prescription</u> (retail). \$225 / <u>prescription</u> (mail order). \$85 / <u>prescription</u> (<u>network</u> pharmacies).	Not covered	Covers up to a 30 day supply (retail). <u>Network</u> Pharmacies limited to one time fill \$1,500 Rx OOP Max for drugs.
	<u>Specialty drugs</u>	30% <u>coinsurance</u> . \$250 / <u>prescription</u> maximum (retail). 30% <u>coinsurance</u> / <u>prescription</u> (<u>network</u> pharmacies).	Not covered	Covers up to a 30-day supply (retail & <u>network</u> pharmacies). Subject to <u>formulary</u> guidelines, when approved through the <u>exception</u> process. \$1,500 Rx OOP Max for drugs.

Common Medical Event	Services You May Need	What You Will Pay Plan Provider (You will pay the least)	What You Will Pay Non-Plan Provider (You will pay the most)	Limitations, Exceptions & Other Important Information
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center) Physician/surgeon fees	\$400 / visit No charge	Not covered Not covered	None Physician / surgeon fee is included in the facility services.
If you need immediate medical attention	<u>Emergency room care</u> <u>Emergency medical transportation</u> <u>Urgent care</u>	\$400 / visit \$75 / trip \$75 / visit	\$400 / visit \$75 / trip Not covered	Waived if admitted None <u>Non-Plan providers</u> covered when temporarily outside of the service area: \$75 / visit.
If you have a hospital stay	Facility fee (e.g., hospital room) Physician/surgeon fee	\$600 / admission No charge	Not covered Not covered	None Physician / surgeon fee is included in the facility services.
If you need mental health, behavioral health, or substance abuse services	Outpatient services Inpatient services	\$40 / visit (individual) \$600 / admission	Not covered Not covered	\$20 / visit (group) None
If you are pregnant	Office visits Childbirth/delivery professional services Childbirth/delivery facility services	No charge No charge \$600 admission	Not covered Not covered Not covered	Depending on the type of services, a <u>copayment</u> , <u>coinsurance</u> , or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.) Professional services are included in the facility services. None

Common Medical Event	Services You May Need	What You Will Pay Plan Provider (You will pay the least)	What You Will Pay Non-Plan Provider (You will pay the most)	Limitations, Exceptions & Other Important Information
If you need help recovering or have other special health needs	<u>Home health care</u>	No charge	Not covered	Coverage is limited to 120 days / year.
	<u>Rehabilitation services</u>	\$75 / visit (outpatient). \$600 / admission (inpatient).	Not covered	Coverage is limited to 20 outpatient visits/ therapy/ year combined for Occupational and Physical therapy. Speech therapy is limited to 20 outpatient visits/ therapy/ year.
	<u>Habilitation services</u>	\$75 / visit (outpatient). \$600 / admission (inpatient).	Not covered	See Rehabilitation Services for limitation details
	<u>Skilled nursing care</u>	No charge	Not covered	Coverage is limited to 30 days / year
	<u>Durable medical equipment</u>	50% coinsurance	Not covered	Coverage is unlimited to items on our DME formulary .
	<u>Hospice service</u>	No charge	Not covered	None
	Children's eye exam	\$45 / visit for refractive exam	Not covered	Coverage is limited to one exam / year.
If your child needs dental or eye care	Children's glasses	Not covered	Not covered	None
	Children's dental check-up	Not covered	Not covered	None

Excluded Services & Other Covered Services:

Services Your [Plan](#) Generally Does NOT Cover (Check your policy or [plan](#) document for more information and a list of any other [excluded services](#).)

- Acupuncture
- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult)
- Infertility treatment
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine foot care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)

- Chiropractic care (20 visit limit / year)
- Hearing aids (Under age 19: \$3,000 limit / ear, every 48 months)
- Routine eye care (Adult)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is shown in the chart below. Other coverage options may be available to you too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact the agencies in the chart below.

Contact Information for Your Rights to Continue Coverage & Your Grievance and Appeals Rights:

Kaiser Permanente Member Services	1-888-865-5813 (TTY: 711) or www.kp.org/memberservices
Department of Labor's Employee Benefits Security Administration	1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform
Department of Health & Human Services, Center for Consumer Information & Insurance Oversight	1-877-267-2323 x61565 or www.ccio.cms.gov
Georgia Department of Insurance	1-800-656-2298 or www.oci.ga.gov/

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

SPANISH (Español): Para obtener asistencia en Español, llame al 1-888-865-5813 (TTY: 711)

TAGALOG (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-865-5813 (TTY: 711)

CHINESE (中文): 如果需要中文的帮助，请拨打这个号码 1-888-865-5813 (TTY: 711)

NAVAJO (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiiijo holne' 1-888-865-5813 (TTY: 711)

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:

This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.



Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)	
The plan's overall deductible	\$0
Specialist copayment	\$75
Hospital (facility) copayment	\$600
Other (blood work) copayment	\$0

This EXAMPLE event includes services like:
Specialist office visits (prenatal care)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700
In this example, Peg would pay:	
Cost Sharing	
<u>Deductibles</u>	\$0
<u>Copayments</u>	\$600
<u>Coinsurance</u>	\$0
What isn't covered	
Limits or exclusions	\$50
The total Peg would pay is	\$650

The plan would be responsible for the other costs of these EXAMPLE covered services.

Managing Joe's Type 2 Diabetes (a year of routine in-network care of a well-controlled condition)	
The plan's overall deductible	\$0
Specialist copayment	\$75
Hospital (facility) copayment	\$600
Other (blood work) copayment	\$0

This EXAMPLE event includes services like:
 Primary care physician office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (glucose meter)

Total Example Cost	\$5,600
In this example, Joe would pay:	
Cost Sharing	
<u>Deductibles</u>	\$0
<u>Copayments</u>	\$1,400
<u>Coinsurance</u>	\$0
What isn't covered	
Limits or exclusions	\$0
The total Joe would pay is	\$1,400

Mia's Simple Fracture (in-network emergency room visit and follow up care)	
The plan's overall deductible	\$0
Specialist copayment	\$75
Hospital (facility) copayment	\$600
Other (x-ray) copayment	\$0

This EXAMPLE event includes services like:
 Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
In this example, Mia would pay:	
Cost Sharing	
<u>Deductibles</u>	\$0
<u>Copayments</u>	\$900
<u>Coinsurance</u>	\$200
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1,100

NONDISCRIMINATION NOTICE

Kaiser Foundation Health Plan of Georgia, Inc. (Kaiser Health Plan) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Kaiser Health Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. We also:

- Provide no cost aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats, such as large print, audio, and accessible electronic formats
 - Provide no cost language services to people whose primary language is not English, such as:

If you need these services, call 1-888-865-5813 (TTY: 711)

If you believe that Kaiser Health Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance by mail at: Member Relations Unit (MRU), Attn: Kaiser Civil Rights Coordinator, Nine Piedmont Center, 3495 Piedmont Road NE Atlanta, GA 30305-1736 Telephone Number: 1-888-865-5813

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 1-800-537-7697 (TDD). Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

WEI BIN YOUNG | AGE

ATTENTION: If you speak English language assistance services free of charge are available to you. Call 1-888-865-5813 (TTY: 711).

አማርኛ (Amharic) ማስታወሻ: የሚገኘት ቅዱሳን ማስታወሻ ከዚህ የትርጉም እርዳታ ያርች፡ በኋላ ምግባጥ ተዘጋጀዋል፡ ወደ መዝገበው ቅጽ ይደውሉ-1-888-865-5813 (ጥር. 711).

عربيّة (Arabic) ملحوظة: إن كنت تتحدث العربية، فان خدمات المساعدة الغوريّة متوفّرة لك بالمجان. انصل برقم 1-888-865-5813 (TTY: 117).

中文 (Chinese) 注意：如果您更用繁體中文，您可以免費獲得語言援助服務。請致電 1-888-865-5813 (1111 : 711)。

Français (French) ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le **1-888-865-5813** (TTY : 711) :
فارسی (Farsi) توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با **711** تماس بگیرید.

Deutsch (German) ACHTTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer:

תְּנַשֵּׁא בְּנֵי כָּל־עֲמָדָה וְבְנֵי כָּל־עֲמָדָה

Kreyòl Ayisyen (Haitian Creole) ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele **1-888-865-5813** (TTY: 711).

हिन्दी (Hindi) उचान दे: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। **1-888-865-5813** (TTY: 711) पर कॉल करें।

日本語 (Japanese) 注意事項: 日本語を話される場合、無料の言語支援をご利用いただけます。**1-888-865-5813** (TTY: 711) まで、お電話にてご連絡ください。

한국어 (Korean) 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. **1-888-865-5813** (TTY: 711) 번으로 전화해 주십시오.

Naabeehó (Navajo) Díí baa akó nínizin: Díí saad bee yáanit'i go Diné Bizaad, saad bee áká'ánida'áwo'déé', t'áá jiik'eh, éí ná hólǫ́, kójj hódiilinih **1-888-865-5813** (TTY: 711).

Português (Portuguese) ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para **1-888-865-5813** (TTY: 711).

Русский (Russian) ВНИМАНИЕ: если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните **1-888-865-5813** (TTY: 711).

Español (Spanish) ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-888-865-5813** (TTY: 711).

Tagalog (Tagalog) PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa **1-888-865-5813** (TTY: 711).

Tiếng Việt (Vietnamese) CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số **1-888-865-5813** (TTY: 711).